# THE DREAM TEAM

a being centred journey to creating magic together



impossible transformations

#### About The Dream Team

The Dream Team workshop is a unique offering of Impossible Transformations as it takes an inside out approach to team development; working with individual team members to look within, connect to their true selves (their Being) and shift internally so that they can work effortlessly as a team.

By tapping into the Being of each individual in the team, the workshop explores what stops them from meaningfully connecting with others, collaborating powerfully, expressing themselves fully and thus becoming unstoppable.

Through this workshop, teams feel more connected, aligned, have clarity of purpose and get paradigm shifting tools that enable them to become more effective and function effortlessly. Teams benefit in so many ways and go through their transformation swiftly and end up with outcomes that they haven't even imagined themselves. The Dream Team becomes :

- 01 Highly productive as they are able to work together to overcome any obstacle
- 02 Truly accountable and has a heightened sense of ownership and integrity
- 03 **Deeply connected** and operate from their true selves (Beings)
- **04** Collaborative and each person communicates with another with ease making synergies a reality
- **05 Effective at resolving conflicts** and creating harmony
- **66** Adaptive, resilient and flexible and also unstoppable

## The Transformative Design

#### Day 1: Discovering and connecting with one's true self

An internal journey of understanding oneself, experiencing and operating from one's true self (Being), discovering the obstacles that come in the way of becoming a dream team, and learning to bring out the best version of oneself.

#### Day 2: Powerfully owning and working together

Learning powerful tools and capabilities to completely own one's work and the team's work, whilst practicing deep listening and connecting meaningfully with each other.

## Structure of the Engagement

- This is a 2-day (ideally residential) workshop with a group of 15 20 individuals (max). Upto 2 facilitators will conduct this workshop
- A diagnostic will be conducted through sensing calls to understand the current team dynamics
- Around a fortnight before the workshop begins, we conduct a 30 minute briefing call with the participants to prepare them for the workshop. This may include some assignments that the participants will have to complete before coming to the workshop
- The team will work on a 3 month action learning project along with 6 virtual group coaching sessions fortnighly to enable the team members to apply the learnings at work successfully

#### Impact

The workshop brought a sense of connectedness between us, helped us truly embrace the idea of 100% accountability and ownership and finally enabled a sense of self discovery in each of us.

The exercises around- ownership and accountability and what is holding us back, really helped us to understand what each one of us must do to become the best version of ourselves. You also pushed us several times in the workshop, making us question what we believed to be the 'truth'! The idea that the ultimate power lies within each one of us, came through in every exercise.

The workshop was very much appreciated by the team members and we all left with a sense of deep awareness of what each one of us must do, to make an incredible team.

> Nishath Usmani Partner Development Team, KPMG

#### About Our Facilitators

We have a team of 35 plus Sorcerers (facilitators who source the power of the Being), most of whom run companies or businesses or are senior executives , and deliver these programmes as a passion.

Visit https://www.impossibletransformations.com/team/ for a list of our Sorcerers and their profiles.



#### About Us

Impossible Transformations stands for the possibility of everyone's greatness unleashed in the world. For more than 26 years, our leadership journeys have enabled leaders to experience Being Centred Leadership and discover their life's true purpose through transformational paradigms.

### impossible transformations

We envision a world full of free, conscious and powerful Beings living in harmony with the natural order of the universe.

We are a community of wholesome, audacious, synergistic and powerful leaders. Join us and make the world a sustainable, equitable & abundant place.

impossibletransformations.com

#### Get More Information

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